

IMAF

International Modern Arnis Federation

Likah Dalawa / Level Nine / 2nd Degree Brown

Minimum Training Requirements

A minimum of six months and 48 classes for this level

A minimum of thirty-three months and 222 classes total training

<p style="text-align: center;">KNIFE & ESPADA Y DAGA</p> <p>Empty-hand vs knife disarms 1-5</p> <ul style="list-style-type: none"> • Strip outside • Strip inside • X-Block inside to wrist lock • X-Block outside to backward throw • Forearm Strike <p>Empty-hand vs knife disarms 6-10</p> <ul style="list-style-type: none"> • Rising disarm • Rising disarm side by side • Pass outside • Behind to compress elbow • Behind to backward throw 	<p style="text-align: center;">KNIFE & ESPADA Y DAGA</p> <p>5,6,7 Drill and Applications</p> <ul style="list-style-type: none"> • #5 - Roll to biceps • #6 - Catch to biceps • #7 - Thumb disarm <p>Knife vs Knife Drills</p> <ul style="list-style-type: none"> • 5,7,6 drill • Empty-hand Tapi Tapi • Flow drill • Six count drill
<p style="text-align: center;">KNIFE & ESPADA Y DAGA</p> <p>Palis-Palis Espanda y Daga Style</p> <ul style="list-style-type: none"> • Palis to tusok (thrust) vs angles of attack 1-2 • Palis to traditional striking patterns vs angles of attack 1-2 • Palis to Tulak (push) vs angles of attack 1-2 	<p style="text-align: center;">ANYOS/FORMS</p> <ul style="list-style-type: none"> • Stick form 4 • Stick form 4 with sword