

IMAF

International Modern Arnis Federation

Likah Tatlo / Level Ten / 3rd Degree Brown

Minimum Training Requirements

A minimum of six months and 48 classes for this level

A minimum of thirty-nine months and 270 classes total training

Cane Strikes, Blocks, Patterns & Drills

- Basic Tapi-Tapi Right vs Right (1-12)
- Basic Tapi-Tapi Left vs Right (1-12)
- Right vs Right five traps
- 6,7,5,12 drill
- 1,2,5,12 drill
- Left vs Right 1-5
- Changing-hands drill

ANYOS/FORMS

- Anyo Apat - Empty Hand Form Four
- Empty-Hand applications from Kata